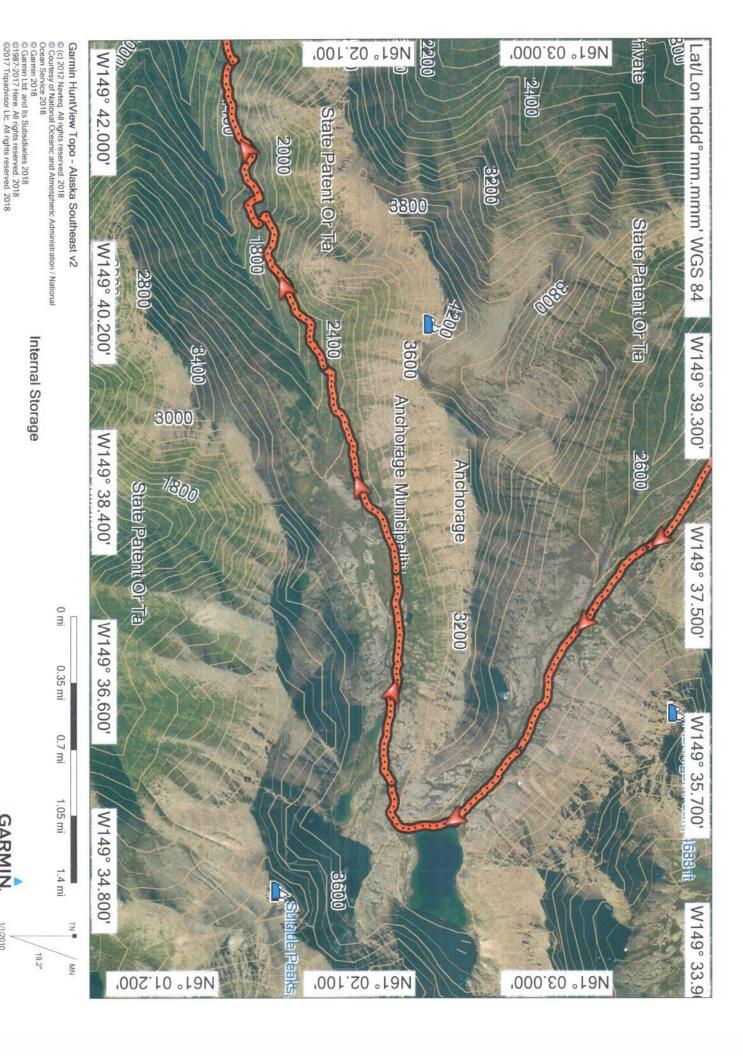
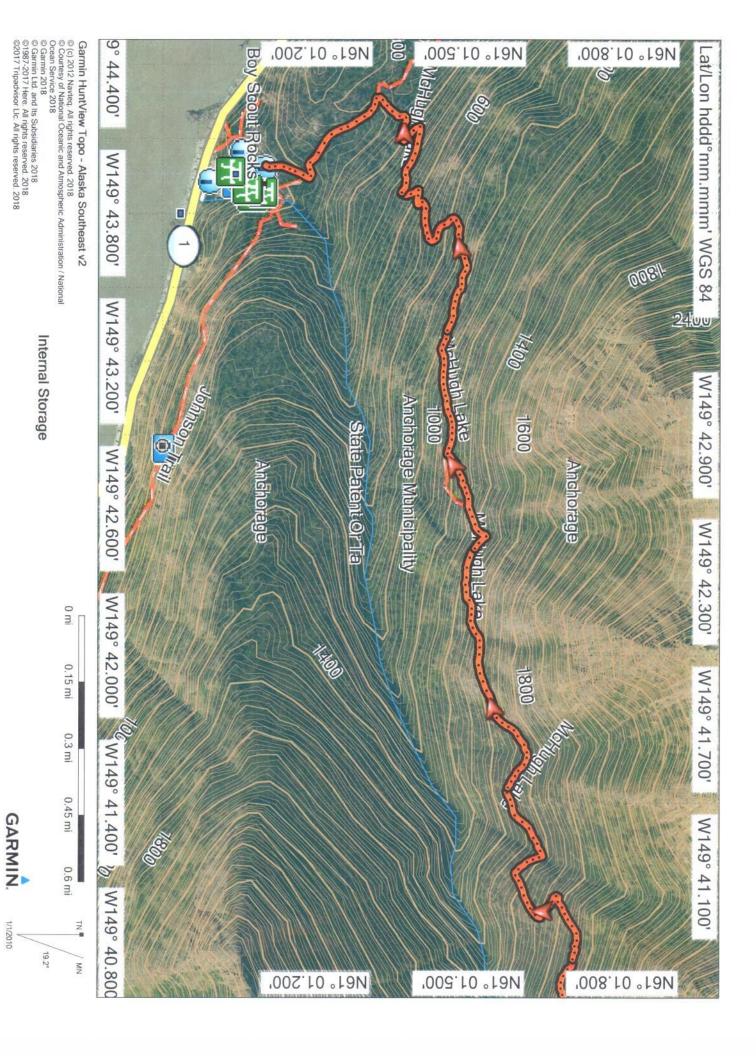


1/1/2010



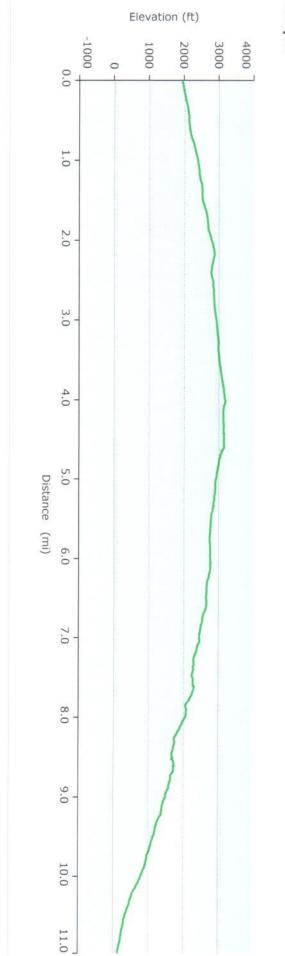
GARMIN.

1/1/2010









## Statistics

Summary
Points: 1475 Distance: 11.2 mi Area: 7.8 sq mi

Time
Elapsed Time: 6:13:15 Moving Time: 4:57:56 Stopped Time: 0:46:33

Speed
Avg: 1.8 mph Avg Moving: 2.3 mph Min: 0.0 mph Max: 4.5 mph

Elevation
Min: 115 ft Max: 3202 ft Ascent: 1729 ft Descent: 3550 ft Grade: -3.1 %