



Graph



Statistics

Summary

Points: 50 Distance: 0.4 mi Area: 142659 sq ft

Time

Elapsed Time: 0:11:44 Moving Time: 0:11:02 Stopped Time: 0:00:43

Speed

Avg: 2.3 mph Avg Moving: 2.4 mph Min: 0.4 mph Max: 4.5 mph

Elevation

Min: 217 ft Max: 236 ft Ascent: 7 ft Descent: 23 ft Grade: -0.8 %